

2023

May

COLUMBUS HUMANITIES, ARTS, & TECHNOLOGY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	02 WG Pastry or Muffin WG Graham Cracker Fruit Cup Fruit Juice	03 WG Pastry/Super Doughnut WG Graham Cracker Applesauce Fruit Juice	04 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	05 WG Cereal Bar WG Graham Cracker Fruit Cup Fruit Juice	06	07
08 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	09 WG Pastry or Muffin WG Graham Cracker Fruit Cup Fruit Juice	10 WG Pastry/Super Doughnut WG Graham Cracker Applesauce Fruit Juice	11 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	12 WG Cereal Bar WG Graham Cracker Fruit Cup Fruit Juice	13	14
15 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	16 WG Pastry or Muffin WG Graham Cracker Fruit Cup Fruit Juice	17 WG Pastry/Super Doughnut WG Graham Cracker Applesauce Fruit Juice	18 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	19 WG Cereal Bar WG Graham Cracker Fruit Cup Fruit Juice	20	21
22 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	23 WG Pastry or Muffin WG Graham Cracker Fruit Cup Fruit Juice	24 WG Pastry/Super Doughnut WG Graham Cracker Applesauce Fruit Juice	25 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	26 WG Cereal Bar WG Graham Cracker Fruit Cup Fruit Juice	27	28
29	30	31	01	02	03	04
05	06	Notes: Milk is included with breakfast. Choose from 1% White Milk or Fat Free Chocolate Milk. Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. FIGS Cafe & Bakery Contact: Melissa Bryant 614.747.0196				

2023

May

COLUMBUS HUMANITIES, ARTS, & TECHNOLOGY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01 Cheeseburger on a WG Bun Fries & Carrots Assorted Applesauce	02 Chix Taco on WG Tortilla Corn & Salsa Fresh Fruit Cup	03 WG Pizza Slice Mixed Green Salad + Carrots Banana	04 Chicken Alfredo Broccoli & Carrots WG Roll Apple	05 WG Corn Dog + Veg Baked Beans & Carrots Mixed Fruit Cup	06	07
08 Swedish Meatballs + Mashed Potatoes WG Cookie Fresh Fruit	09 Chix Taco on WG Tortilla Corn & Salsa Fresh Fruit Cup	10 WG Pizza Slice Mixed Green Salad + Carrots Banana	11 Johnny Marzetti Broccoli + Carrots WG Sliced Bread Pears	12 WG Chicken Patty on a WG Bun Veg Baked Beans Assorted Applesauce	13	14
15 WG French Toast Stix Turkey Bacon Hash Browns Oranges	16 Beef Taco on WG Tortilla Corn & Salsa Fresh Fruit Cup	17 WG Pizza Slice Mixed Green Salad + Carrots Banana	18 Spaghetti & Meatballs Broccoli WG Sliced Bread Applesauce	19 WG BBQ Chix Strips Veg Baked Beans WG Bread Fresh Fruit Cup	20	21
22 BBQ Meatball on WG Sub Green Beans & Carrots Assorted Fruit	23 Beef Taco on WG Tortilla Corn & Salsa Fresh Fruit Cup	24 WG Pizza Slice Mixed Green Salad + Carrots Banana	25 Mac & Cheese Broccoli WG Cornbread Fresh Fruit	26 WG Corn Dog + Veg Baked Beans & Carrots Mixed Fruit Cup	27	28
29	30	31	01	02	03	04
05	06	<p>Notes:</p> <p>Milk is included with lunch. Choose from Fat Free White Milk or Fat Free Chocolate Milk. Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. FIGS Cafe & Bakery Contact: Melissa Bryant 614.747.0196</p>				